

**Milldown CE Academy**  
**Year 1 Curriculum 2025/2026**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Curriculum Theme</b>	<p><b>Mind, Body and Soul</b> Understand and explain how our emotions can give a physical reaction in our body (e.g. butterflies in the tummy etc.). Understand that certain activities (e.g. talking about feelings &amp; exercise) can help us manage our feelings. Understand where to find help. Understand what resilience looks like in action.</p>	<p><b>Community and Culture</b> Understand the different communities (e.g. family, clubs, school, church/religion) that help make you you. Understand the customs, traditions and beliefs that are important to us and others and how to be respectful of these. Understand that we can make a difference to the people in our communities and they make a difference to us too.</p>	<p><b>Power, Peace and Conflict</b> Understand causes of disagreement/conflict (personal, classroom and household). Understand some ways to avoid or resolve conflict/disagreements. Understand that body language, tone of voice and choice of words can upset others.</p>	<p><b>The Natural World</b> Understand the positive and negative impacts of people's actions on the school and local environment. Understand that people can damage or improve the environment, including local habitats. Understand whose responsibility it is to look after the local environment</p>	<p><b>Unite Our World</b> Understand the rights that children have. Understand that everyone has similarities and differences, that these make us unique and that we can learn from each other. Understand the importance of playing and working cooperatively. Understand simple links with other places, e.g. where food comes from.</p>	<p><b>Hopes and Aspirations</b> Understand how to set a simple goal which is based on a time frame. Understand what resilience looks like in action. Understand the stages of the learning line (dip) to help maintain a positive attitude when learning becomes tough. Understand that talents and skills can be improved through commitment and hard work.</p>
<b>Spoken language</b>	Speak clearly so the listener can hear what is said	Listen and respond (perfect partners)	Answer questions clearly in sentences	Ask lots of questions, including how and why, to find specific information	Describe their own experiences in detail and in the right order	To know people have different ideas and responses and recognise these as valuable
<b>Lead English texts</b>	The Three Little Pigs Tad The Snail and the Whale	The Smartest Giant in Town  In Every House on Every Street	Wendel's Workshop  The Three Billy Goats Gruff	Tidy  Town Mouse, Country Mouse	Little Cloud  The Squirrel's Busy Year	The Secret Path Jim and the Beanstalk
<b>Writing outcomes</b>	Non-descriptive sentences	Descriptive sentences  Short narrative	Descriptive sentences  Short narrative	Short narrative  Non-chronological report	Recount  Instructions	
<b>Phonics</b>	Sounds-Write extended code (ae/ee/oe)	Sounds-Write extended code (er/e/ow)	Sounds-Write extended code (oo/ie/oo)	Sounds-Write extended code (or/air/oy)	Sounds-Write extended code (ue/ar/s)	Sounds-Write extended code (u/l/o)
<b>Maths</b>	Place value 1-10 Addition and subtraction	Addition & subtraction Shape Consolidation	Place value 1-20 Addition and subtraction	Place value to 50 Length & Height Weight & Volume	Multiplication & division Fractions Position & direction	Place value to 100 Money Time Consolidation
<b>Maths key skills</b>	Subitising Make and break 2, 3, 4 and 5	Make and break 6, 7, 8, 9 and 10	One more, one less Two more, two less Number 10 fact families	Five and a bit Know about zero Doubles and near doubles	Doubles and near doubles Number neighbours 7 tree and 9 square	Strategy selection Ten and a bit
<b>Science</b>	How are animals the same and different?	What do you notice in our school environment in the autumn?	What changes do you notice in the environment in winter?	What changes do you notice in the environment in spring?	How do we identify different materials?	What changes do you notice in the environment in summer?

<b>Geography</b>	x	What makes Blandford a great place to live?	x	Why do people love being beside the sea so much?	x	How do seasons affect our lives?			
<b>History</b>	How has Blandford changed over the last 100 years?	x	How do our favourite toys and games compare to the ones our grandparents played with?	x	Why do we remember certain historic events?	x			
<b>Computing</b>	Using a computer	Digital painting	Moving a robot	Digital writing	Grouping data	Programming animations			
	Self-image and identity	Online relationships Online bullying	Privacy and security Health and wellbeing	Copyright and ownership	Managing online information	Online reputation			
<b>P.S.H.E.</b>	All about me	All about others	Keeping safe and healthy	Me in my world	Caring and sharing	Being my best			
<b>Music</b>	Hey You!	Rhythm In The Way We Walk and Banana Rap	In The Groove	Round and Round	Your Imagination	Reflect, Rewind and Replay			
<b>R.E. and World Views</b>	Christianity and Islam								
	Who is the creator?	What are the intermediaries?	What were the creator's message?	What is witnessing?	What happens when you die?				
<b>P.E.</b>	Fitness Fundamentals	Gymnastics Ball skills	Dance Target games	Team building Sending and receiving	Nat and wall games Striking and fielding games	Forest School Athletics			
<b>Art</b>	x	Discovering charcoal and drawing like a caveman	x	Drawing and painting spirals	x	Plasticine print making	x	Printing feathers and making sculptural birds	x
<b>D.T.</b>	Structures: Constructing windmills	x	Mechanisms: Moving story book	x	Mechanisms: Wheels and axles	x	Textiles: Puppets	x	Cooking and nutrition: Smoothies